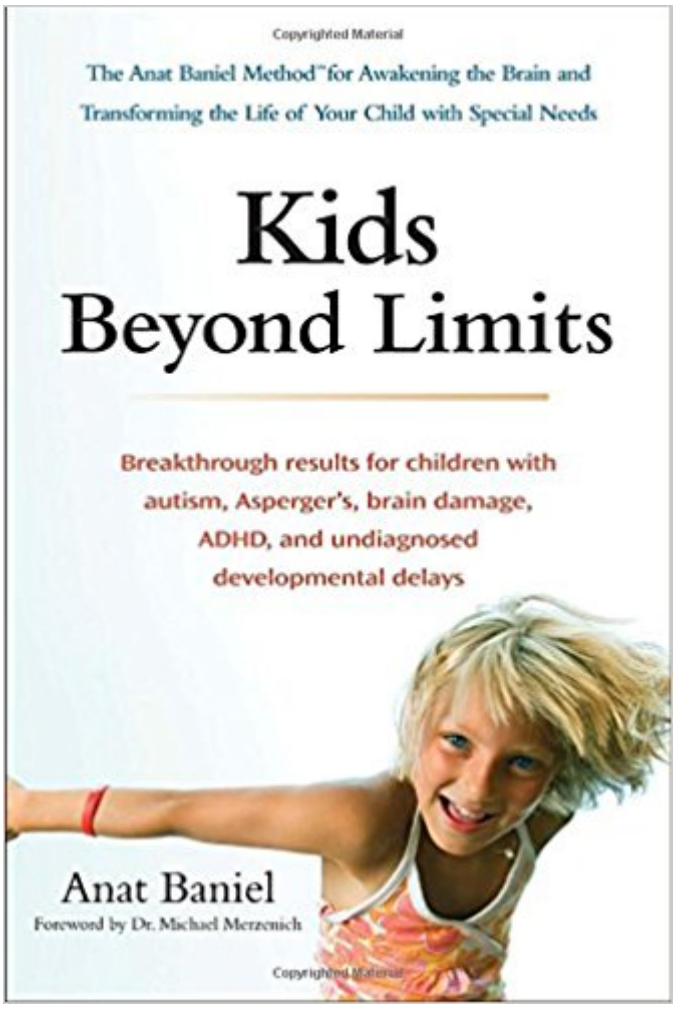
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# Kids Beyond Limits: The Anat Baniel Method For Awakening The Brain And Transforming The Life Of Your Child With Special Needs




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## Synopsis

Discover the revolutionary way to harness the brain’s capacity to heal itselfSupported by the latest brain research, The Anat Baniel Method uses simple, gentle movements and focus to help any child, who has been diagnosed with autism, Asperger’s Syndrome, ADHD, Cerebral Palsy or other developmental disorders.In this supportive and hands-on book, Anat Baniel guides parents through the nine essentials of the method, each one designed to harness the brain’s capacity to heal itself -- with remarkable and sometimes immediate results.By shifting the focus to connecting rather than "fixing," this powerful yet simple method helps both children and parents to de- stress, focus, and grow. Most of all, the it helps all children maximize their potential, no matter what their diagnosis.

## Book Information

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## Customer Reviews

Ã¢â ¬Å“This wonderful book illustrates how to engage the miraculous capacities of the brain to change and heal.Ã¢â ¬Â• - Harvey Karp, MD, creator of the DVD/book The Happiest Toddler on the BlockÃ¢â ¬Å“Kids Beyond Limits gives parents and others who care for special children new hope and a new sense of possibilities." Ã¢â ¬â • Arianna Huffington, AOL Huffington Post Media Group"This accessible, insightful, practical book for parents of children with special needs will profoundly deepen their ability to help their children improve....Anat Baniel is a master clinician for children with special needs. The stories presented here are not exaggerations; they are triumphs from which most parents of children with special needs will surely benefit.Ã¢â ¬Â• Ã¢â ¬â • Norman Doidge, MD, author of The Brain That Changes ItselfÃ¢â ¬Å“I have observed AnatÃ¢â ¬â„¢s work with severely challenged individuals over a period of more than two decades, and have witnessed

transformations that are simply stunning. My hope is that the Anat Baniel Method will reach the greatest possible audience and that it will become a part of academic teaching, training and research programs in rehabilitation medicine and in physical therapy, and the sooner, the better.Ã¢â ¬Â• Ã¢â ¬â • Dr. Daniel Graupe, University of Illinois, ChicagoÃ¢â ¬Å“AnatÃ¢â ¬â„¢s work with children is magical. SheÃ¢â ¬â„¢s their brain whisperer. This hugely important work will free special needs children and their parents from fear and limitation moving them into a world of new possibilities and joy.Ã¢â ¬Â• Ã¢â ¬â • John Gray, author of Men Are From Mars, Women Are From VenusÃ¢â ¬Å“AnatÃ¢â ¬â„¢s work is wonderful and profound. Kids Beyond Limits does a masterful job of helping parents and caregivers help the special child in their lives. This is a book of great wisdom as well as deep appreciation for the great challenges of raising a child who has special needs.Ã¢â ¬Â• Ã¢â ¬â • Jack Canfield, author of Chicken Soup for the Soul

Anat Baniel has established an international reputation for her work with special-needs children. Trained by Dr. Moshe Feldenkrais, a pioneer in increasing self-awareness through movement, she runs the Anat Baniel Center, a treatment facility in Marin County, California, which draws students and clients from all over the world. Visit her website at AnatBanielMethod.com.

Anat really sees these childres as complete human beings and that approach allows her to see what they CAN do now. When they actually get that message, they can respond to varying degrees, depending on the child.She has several videos on YouTube, so go there to get acquainted with her. One video she is talking to a group of parents giving info on how she approaches and contacts these children. She mentions the comments given about her techniques by Michael Merzenich who has appeared on PBS regarding brain plasticity. Anat was using that knowledge from her experience before it was so broadly accepted by most physicians.AND, chances are it will take time and consistency for a special needs child to move forward, Patience and acceptance from parents is critical to allow the best for these kids.

My son has been getting the therapy since April 2013 on a regular basis with the practitioners certified by Anat Baniel, he was diagnosed with CP in early childhood,and in fact he has severe delay of development of his motor, speech and psychical skills, and Autism Spectrum Disorder. ABM became our main choice at the age of 7,5 when we have already tried a lot of other therapies, and we sticked to it as it brings a lot of benefits for his motor and psychological development. Also I found that it helped a lot to improve his hearing function as he suffers from central auditory

processing disorder. I was very impressed after reading Anat's explanation about an autistic brain and its troubles at the website of ABM method. I am very grateful to Anat and all her staff and certified practitioners that they made this wonderful therapy and books available for us and our kids. Thank you very much!

Love love this book! I have a neurologically disabled daughter expected to never walk, roll over, lift her head, speak or eat orally. Since reading this book I have worked and worked with my daughter and she is rolling all over the room. Even her neurologist is very impressed! I would suggest this book to anyone with a disabled love one!

While reading a review for another book, a mother recommended this one. I immediately got it on Kindle and was very happy I did. My son was just recently diagnosed with Cerebral Palsy. One of the hardest things is waiting between doctor appointments to get answers and advice.Where this book helped was that it gave me some direction in approaching my son. The principles of this book will help anyone be a better parent or caregiver... regardless of whether or not the child has special needs.

The book provide effective methods based on nine criteria for working with special needs children and adults. The book is well written and it provides several examples of the application of the proposed criteria, which are equally applicable to normal children and adults. The book shows how very-very small steps modify brain infrastructure and provide big rewards. I recommend it for every one who is taking care of special needs children and adults.

The book is well written and full of easy to implement ideas on how to support children's development, ease learning process and help with problems a child might have - physical, mental, emotional or other. Great wisdom delivered in a simple way. I think it can benefit anyone dealing with children: parents, teachers, doctors, etc. The strategies presented in the book can actually be applied to adults as well, so the book is well worth the money and time spent on it!

Life changing, revolutionary, inspiring book! One of the best I have ever read! And it works! Trying to practice this in daily life enhances the life of our whole family. We have also seen a practitioner of this method with amazing results for my child with special challenges. I cannot recommend it highly enough. I am now buying several copies for educators, it is that good!

I found this book while searching for alternative therapies for my young son with Cerebral Palsy. It is well-written and easy to understand as a parent. It offers hope to children who are usually seen as "very limited". My son has begun getting Anat Baniel Method lessons and he has been growing and learning things that we had been told were "impossible".I would recommend this book to every parent of a special needs child (and typically developing children as well).

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